

ACRYLICS & OILS
ANIMATION
BELLY DANCING
BRIDGE
CAKE DECORATING
CHINESE
COACHING
DRAWING
DRESSMAKING
FLOWER POWER
FRENCH
GERMAN
ITALIAN
KNITTING
MEDITATION
PHOTOGRAPHY
PILATES
SINGING
SPANISH
WRITING
YOGA

HORSFORTH EVENING CLASSES

2018/2019

Horsforth Evening Classes offer a whole range of leisure classes, open to all.

Come and join us in our 28th year!

We are a not-for-profit group, independently run for the benefit of the local community. All the money we receive from fees goes back to the scheme.

All the evening classes are held on Wednesday and Thursday evenings at Horsforth School, Lee Lane East, Horsforth, Leeds LS18 5RF.

We are pleased to announce 4 new classes this year:

- Creative Writing
- Computer Animation
- International Cookery
- Life Coaching

 Find us on
Facebook

Class List and Fees

Fees are kept to an absolute minimum. The enrolment fees and nightly fees are shown in the table below. Nightly fees are the same price as last year, and there is a reduction in the enrolment fee if you enrol for both the Autumn and Spring terms at the same time.

The nightly fee is payable each time you attend and **is in addition** to the enrolment fee, but there is no charge for missed classes. For example, Dressmaking costs £46 to enrol, and you then pay £3 (£2.30

concessions) each time you attend. The enrolment fee will be refunded only if the class is full or cancelled, otherwise it is non-returnable.

Concessionary nightly fees are available to full-time students, those in receipt of means-tested benefits and for people who have reached state pensionable age.

Please note: The classes are open to everyone aged 18 and over.

Class	Evening	Time	Enrolment Fee			Nightly fee
			Autumn Term	Spring Term	Both Terms	
Acrylic and Oil Painting Workshop	Thurs	7-9pm	N/A	£42	N/A	£3 (£2.30 cons)
Belly Dancing for Beginners	Weds	6.45-7.45pm	£32	£32	£60	£2.50 (£2 cons)
Belly Dancing for Improvers	Weds	7.45-9.00pm	£35	£35	£66	£2.50 (£2 cons)
Bridge for Beginners	Weds	7-9pm	£46	£42	£83	£3 (£2.30 cons)
Cake Decorating	Thurs	7-9pm	£46	£42	£83	£3 (£2.30 cons)
Chinese Exercise for Health *	Thurs	6.45-7.45pm	£32	£32	£60	£2.50 (£2 cons)
Community Choir	Thurs	7-9pm	£46	£42	£83	£3 (£2.30 cons)
Computer Animation	Thurs	7-9pm	£46	£42	£83	£3 (£2.30 cons)
Cookery for Beginners	Thurs	7-9pm	£46	£42	£83	£3 (£2.30 cons)
Creative Writing	Weds	7-9pm	£46	£42	£83	£3 (£2.30 cons)
Dress Making	Weds/Thurs	7-9pm	£46	£42	£83	£3 (£2.30 cons)
Flower Power!	Weds	7-9pm	£46	£42	£83	£3 (£2.30 cons)
French for Beginners	Weds	7-9pm	£46	£42	£83	£3 (£2.30 cons)
French Conversation	Thurs	7-9pm	£46	£42	£83	£3 (£2.30 cons)
Furniture Upcycling	Thurs	7-9pm	£46	£42	£83	£3 (£2.30 cons)
German for Improvers	Thurs	7-9pm	£46	£42	£83	£3 (£2.30 cons)
German for Further Improvers	Weds	7-9pm	£46	£42	£83	£3 (£2.30 cons)
International Cookery	Weds	7-9pm	£42 (11 weeks)	£42	£80	£3 (£2.30 cons)
Italian for Beginners	Weds	7-9pm	£46	£42	£83	£3 (£2.30 cons)
Italian for Improvers	Thurs	7-9pm	£46	£42	£83	£3 (£2.30 cons)
Knitting for Beginners	Weds	7-9pm	£46	£42	£83	£3 (£2.30 cons)
Life Coaching	Weds	7-9pm	£23 (6 weeks)	£23 (6 weeks)	N/A	£3 (£2.30 cons)
Mandarin Chinese for Beginners	Thurs	7-9pm	£46	£42	£83	£3 (£2.30 cons)
Meditation & Massage *	Thurs	7.50-8.50pm	£32	£32	£60	£2.50 (£2 cons)
Photography	Thurs	7-9pm	£46	£39 (10 weeks)	£83	£3 (£2.30 co7ns)
Pilates	Weds	7.15-8.15pm	£32	£32	£60	£2.50 (£2 cons)
Sketch, Draw & Paint Workshop	Weds/Thurs	7-9pm	£46	£42	£83	£3 (£2.30 cons)
Spanish for Beginners	Weds/Thurs	7-9pm	£46	£42	£83	£3 (£2.30 cons)
Spanish for Improvers	Weds	7-9pm	£46	£42	£83	£3 (£2.30 cons)
Yoga	Thurs	7.15-8.45pm	£46	£42	£83	£2.50 (£2 cons)
	Weds/Thurs	7.30-9pm	£46	£42	£83	£2.50 (£2 cons)

* The enrolment/night fees will be combined for students who enrol for both the Chinese Exercise for Health *and* Meditation & Massage. The combined enrolment fee will be £46 and the night fee will be £3 (£2.30 cons).

Term Dates

	Autumn Term	Spring Term	
Term starts	12-13/09/2018	09-10/01/2019	All courses (except where shown) run for 12 weeks in the Autumn and 11 weeks in the Spring term. In addition to the half-term break, there will be no classes on Wednesday and Thursday 3/4 October 2018, due to events at Horsforth School.
Half-term break	31/10-1/11/2018	20-21/02/2019	
Classes end	12-13/12/2018	27-28/03/2019	

Classes

Acrylic and Oil Painting Workshop

Focusing on a wide range of acrylic and oil painting techniques, including surface preparation, colour mixing, and the use of painting mediums.

Belly Dancing

Learn the beautiful, sensuous, powerful and fun art of traditional middle eastern dance, from basic moves to dancing with veils.

Bridge for Beginners

A class for those wanting to learn the modern ACOB bridge system. Come along and join a friendly class and learn about this sociable game.

Cake Decorating

An introduction to a range of techniques and skills for covering a cake and making decorations like flowers and figures.

Chinese Exercise for Health

Combining gentle exercise with mindfulness, this class brings out the richness and depth of qigong, the Chinese exercise for health care.

Community Choir

With no auditions, this class welcomes all, from confident singers to nervous beginners. All that you need is enthusiasm and a love of music.

Cookery for Beginners

Come along and enjoy learning to create delicious, healthy winter warmer dishes, including mains, soups, sauces and desserts. There will be an additional 75p charge to cover ingredient costs for tasting each week.

Creative Writing

Start your writing journey, with weekly exercises to help you create characters, settings, and locations. Hone your personal narrative voice, character's dialogue, your descriptions, and tighten your punctuation and grammar.

Dress Making

From pattern cutting to using a sewing machine, learn how to create your own beautiful garments as well as a range of sewing skills and techniques. Classes will be workshop based, allowing students to work at their own pace.

Flower Power!

Learn the art of floristry and flower arranging, from everyday and wedding floristry, to traditional arrangements and seasonal pieces.

French For Beginners

If you are considering learning a little about France and the French and want to be able to understand and join in everyday conversation. Or just want to know how to greet someone in French. Or be able to find your way round town, and then order something to eat and drink - all in French of course - then our French for ABSOLUTE beginners course is just for you!

French Conversation

Do you want to brush up your French for holiday visits or business? Did you do French at school a long time ago and would like to refresh your knowledge of the language? The emphasis in this class will be on conversation and improving your listening skills in a fun, relaxed environment.

Furniture Upcycling

Learn decorative techniques like distressing, decoupage, gilding and stencilling to transform your unwanted item into a unique piece of art.

German

There will be two classes, each building on previous learning. We practise speaking, listening, reading and writing in order to communicate effectively and understand the spoken and written language. Grammar is made as clear as possible, with frequent revision. Willingness to learn - whatever your ability - is the most important thing. And having fun is a must!

The Thursday German for Improvers class started learning German from scratch last September, while the Wednesday German for Further Improvers class has been attending and learning for rather longer. It should be possible to switch from one class to the other if you are not sure which would be more suitable.

International Cookery

Learn to cook delicious foods from around the world. Improve your knife skills and food preparation techniques. Each week you will watch a demonstration and prepare a dish to take home. There will be an additional weekly charge of up to 75p to cover demonstration/tasting costs. This course begins on Wednesday 19 September 2018 and run for 11 weeks in both the Autumn and Spring terms.

Italian

If you fancy the Italian lifestyle, you can take the first step to finding out more by enrolling in our Italian language classes. Wednesday is for beginners and Thursday for improvers.

Knitting for Beginners

Knitting keeps your brain active, improves hand/eye coordination, can relieve symptoms of arthritis and helps with relaxation. So why not come and learn to knit in a relaxed and friendly atmosphere, no pressure or deadlines to meet, just a group of people who are willing you to succeed.

Life Coaching

Would you like to make positive changes in your life but struggle to make progress? This 6 week life coaching course supports you to gain clarity, increase confidence and make progress towards your goals.

Mandarin Chinese

Practise listening, speaking, reading and writing, as well as learning more about Chinese culture. We teach simplified Chinese, one of the most popular modern foreign languages.

Meditation and Massage

Learn a Chinese approach to meditation and massage and practice both in the class - doing meditation seated in chairs and using yourself as 'the body' for the massage.

Photography

Whether you have a basic compact or sophisticated SLR camera, film-based or digital, this class will help you improve your pictures and develop your technique.

Pilates

Developed by physio and fitness experts, modern Pilates classes aim to rebalance the body by improving posture, muscle tone, flexibility and core stability.

Printmaking

These workshops will include simple block printing, mono-printing and etching and also making 'plates' to print your own images.

Sketch, Draw & Paint Workshop

Suitable for anyone who wishes to improve their techniques whilst having fun, this class will include demonstrations in drawing, sketching and watercolour techniques

Spanish

Come along and learn Spanish in a fun and relaxed environment, at either the beginners class or the improvers class, with an emphasis on having fun and having a go. Beginners on a Wednesday and Improvers on a Thursday.

Yoga

For both men and women, beginners and returners, learn gentle exercises using concentration and breathing combined with relaxation techniques for mind and body. Please state on your form which class you would like - 7.15pm on Thursday with Claire or 7.30pm on Wednesday or Thursday with Liz.

For more detail on all our classes please visit www.horsfortheeveningclasses.org.uk

How to enrol

Enrolment is by post on a first-come first-served basis, but if there are any spaces left you can enrol on the first evening of the class. There is no separate enrolment evening. Fill in the form on the back page and send it, with the registration fee (cheques made payable to Horsforth Evening Classes) to:

Vicki Madeley, Horsforth Evening Classes,
1 Oakfield Terrace, Horsforth, Leeds, LS18 5DD

We collect your personal information in order to provide you with a receipt, compile registers and communicate with you about any changes to classes/rooms. We will not share your personal information with any third parties. For further details, please see our privacy policy on our website.

Any enquiries, e-mail us at info@horsfortheveningclasses.org.uk or telephone Vicki Madeley on 0113 258 7763, or Kate Readman on 0113 258 5448.

If you would prefer to pay by bank transfer, the details you will need are: Account Name – Horsforth Evening Classes, Account Number – 07839222, Sort Code – 30 98 93. Please put your full name as the reference. Please email to check that you have a place on the course **before** paying by bank transfer.

For further details on classes and for information on how to find us, please visit www.horsfortheveningclasses.org.uk or find us on Facebook!



*Yes! I would like to enrol for a class at **Horsforth Evening Classes***

Title

First name

Surname

Address

Postcode

Home telephone number

Mobile telephone number

Email address

Emergency contact *optional*
(if you have an accident or are ill)

Name

Telephone number

Please enrol me on

Class name

Day / time

Term(s)

Class name

Day / time

Term(s)

I enclose £

Signed

Date

We would be grateful if you could also answer the following questions:

How did you hear about Horsforth Evening Classes? _____

Where did you pick up this leaflet? _____

Please photocopy this form if you require more than two enrolments

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